06 january, 2020



"The ways to holiness are the thousand and one ways of going through life doing good. That's what being a saint is about," says Father Carlos Cabecinhas



"The ways to holiness are the thousand and one ways of going through life doing good. That's what being a saint is about," says Father Carlos Cabecinhas

The Rector of the Shrine is the Guest of #fatimanoseculoXXI January PODCAST

Peter, in the Acts of the Apostles, refers to Jesus saying: "He went about doing good". This could be the epitaph each Christian most desires after his short passage through this world. And this is what the rector of the Shrine of Fatima said in the #fatimanoseculoXXI PODCAST, as he was pondering over the meaning of the theme of the new pastoral year. Indeed, this year, the Shrine of Fatima invites pilgrims to "give thanks for living in God", which is but another way of describing the path to holiness that all the baptized are expected to follow. Yet, there is not a single itinerary: "The paths to holiness are the thousand and one ways of going through life, of living it, doing good. That's what being a saint is about," says Father Carlos Cabecinhas. "I think that the best way to be holy is to look at our own life to identify what we need to do in order to promote good, either in our relationships to the others or in our relationships with the created nature - which is a gift that is offered to us - and how to go through it and do good in our own self-giving to God. There are a thousand and one declensions of the ways to go through life doing good and that is what makes us holy. I believe that everybody would like to have, at the end of his or her life, as an epitaph, what Peter said about Jesus: 'here lies someone who went about doing good,'" the Rector adds, rejecting any magical formula for living our own holiness.

"How each one of us is going to do so, is what must be discovered by each one of us, and the message of Fatima offers us the tools to be creative, just as Francisco and Jacinta were," he further explains in this conversation that marks the first anniversary of #fatimanoseculoXXI PODCASTS, a series which began with an interview of the bishop of the diocese of Leiria-Fatima, Cardinal D. António Marto.

"Francis' testimony is, today, like a punch in the stomach. We all experience a huge need to have something to occupy our lives and some noise to fill our days. Our difficulty to remain silent, and alone, is blatant: we need to turn on the television and the radio to feel that we have company. What Francis shows us is that, as important as it can be, it does not make up for real moments of silence and prayer. And in Fatima, it is the quest for this silence that attracts so many pilgrims," he enhances.

On the other hand, "we often make the mistake of thinking that when we give more attention to God, we no longer have time to give attention to the others. Too often, we contemplate Francisco and Jacinta as models of entrustment to God, and we forget how this entrustment led them to the others: paying more attention to the others, sharing, suffering from the pain of those who asked for help, caring not to sadden those standing on their side... all this should motivate us," he underlines.

"I believe that, in relation to this way to holiness that we are invited to take, the message of Fatima has, first of all, the great merit of helping us to deconstruct the image we built of what it means to be holy. Sometimes, when we look at the figures of the saints, we build up in our minds pre-constructed ways to holiness; but the message of Fatima, being focused on the essence of the Gospel, as it points towards the figures of Francisco and Jacinta and even of Mary, reminds us of how close and reachable holiness is," the Rector of the Shrine of Fatima further explains.

"Experiencing holiness in Fatima is precisely an opportunity for us all to modify our idea of holiness."

"The holiness of Francisco and Jacinta is the greatest legacy of the message of Fatima. When we contemplate the lives of the saints Francisco and Jacinta, but also of God's servant, Lucia de Jesus, we realise that there we have the message of Fatima really lived and incarnated, and also in its consequences," he concludes.

The Triennium 2020-2023

After the end of the first cycle of three years, in this post-centenary period, Fatima focuses its attention on youth, with this great event that the Portuguese Church is preparing, the World Youth Day (WYD) in Lisbon in 2022, as its horizon.

"Regardless of what our expectations may be, what we know is that many of the (Christian) youth who will come to Portugal will come to Fatima, because Fatima is a reference for them when speaking about Portugal. Many young people will probably want to visit Fatima and experience there the relation to Mary," the Rector declares.

And what does Fatima have to tell to these young people? "The centrality of God. And no one like young people can understand this centrality so well. They are, by nature, the

most dissatisfied, but also those who are most committed to radical choices, and this is why they will also be the ones who most easily perceive this offering to God in its most radical form, the form that has been exposed to us by the little shepherds since the first apparition."

On the other hand, he underlines that, "The WYD, being an event that attracts many young people, demands a very great involvement of the Church that welcomes it. For the Portuguese Church, which is involved in the preparation of this day, it would also not be conceivable to think of an event of this magnitude without Fatima having a relevant role in it. Therefore, I expect a deep involvement in the preparation and then in the realization of this festive event that the WYD 2022 will be."

The Vocation of Fatima

103 years after the apparitions and following various theological, historical, sociological and even anthropological studies on the message left by the Blessed Virgin in Cova da Iria, are these contents still of any actuality? The answer is clear: "The message of Fatima takes us deep into to the heart of the Gospel," with "very important" questions.

"We can see today what are the threats to peace. The various episodes of tension that are taking place all over the world call into question Peace as a gift. Fatima can help us to be peacemakers. Fatima must be a place of reference for those who pray for peace," declares the Rector of the Shrine.

On the other hand, "Fatima continues, and must continue, to be an invitation to interiority. In today's world of great dispersion, it is important that Fatima allows us to live this necessary interiority, bringing us down to the fundamental point of life, which is to see our life in the light of God."

Then there is "the internationality of Fatima: it is important that the Marian icon be not only the image of Our Lady of Fatima, but also Her message."

Eventually, "The Message must help us to respect nature. The life of the little shepherds shows it, shows the respect that Francisco had for nature. This will be one of the patterns of the pastoral of Fatima."

Therefore, "Ecology, interiority and peace will be key words of the pastoral of Fatima all through this second century," he concludes.

www.fatima.pt/en/news/the-ways-to-holiness-are-the-thousand-and-one-ways-of-going-t hrough-life-doing-good-thats-what-being-a-saint-is-about-says-father-carlos-cabecinhas